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2nd Vice President

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Rachel Brabant Lot 743 rachel.brabant@hotmail.com 705-618-3593 - Year Round

Secretary

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Sandra Lawler	Lot #438	2024	Secretary	636-397-2390	sandylawler2014@yahoo.com
Kim DiMauro	Lot #648	2024	Vice-President	813-778-9285	openarms1517@gmail.com
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				705-522-8728 (0	Canada)
Daren Moody	Lot #426	2024	Member At Large	678-863-8522	bmoody1218@gmail.com
August (Ken) Brune	Lot #440	2024	Member At Large	636-627-1864	Gus.brune@yahoo.com
Pat Brune	Lot #440	2024	Member At Large	636-373-0765	trishbrune@yahoo.com
Darlene Barrow	Lot #434	2024	Member At Large	586-491-5181	

Emergency Numbers

Maintenance Emergency Fire Department Emergency	y 904-257-4624 After Hours (727) 893-7694 911
Crosswinds Editor	Acting Editor Beverly Moody
HOA Facebook page	Crosswinds HOA St. Petersburg, FL
Email Address	CrosswindsHOAStPete@gmail.com



CROSSWINDS CHRONICLE JULY, 2022 D

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clean driving record on all licensed household operators -2019 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with AirBags, ABS and Anti-Theft device *NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.





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Dear Neighbor,

The Crosswinds Homeowners Association Board of Directors would like to take this opportunity to welcome you to our community. As you know, Crosswinds is a thriving 55 and older community, and the HOA is dedicated to serving it. Please read through the HOA brochure so you can learn a little bit more about the HOA mission, how you can join, and what joining will do to enhance your experience at Crosswinds.

In the meantime, if you need anything at all, please reach out. We are here to help. Sincerely yours,

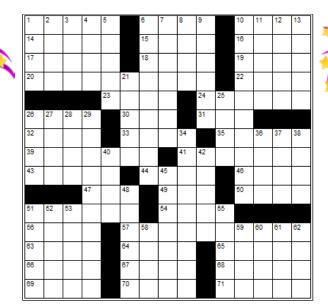
Crosswinds HOA Board





ACROSS

- 1. Run off to wed
- 6. Train track
- 10. Taxis
- 14. Lawful
- 15. Unit of land
- 16. Curved molding
- 17. Immense
- 18. Frosts, as a cake
- 19. Principal
- 20. Too shocked for words
- 22. Needles
- 23. Ripped
- 24. Citrus
- 26. Decorative case
- 30. Decay
- 31. Neither
- 32. Forsaken
- 33. Back talk
- 35. Plane driver
- 39. Consecrated
- 41. Breathtaking
- 43. Gladden
- 44. Cummerbund
- 46. Death notice
- 47. Strike
- 49. South southeast
- 50. Memo
- 51. Take for granted
- 54. Empty weight
- 56. Hit hard
- 57. Occupation
- 63. Healthy
- 64. Decant
- 65. Appraise
- 66. Smooth or level
- 67. European volcano
- 68. Consumer of food
- 69. Bird home
- 70. Scarlets
- 71. Get to one's feet



DOWN

- 1.LLLL
- 4. Part of a book
- 5. Select by voting
- 6. Train networks
- 7. Highlighting hues
- 8. Ticks off
- 9. Textbook division
- 10. Likening
- 11. Once more
- 12. Existence

July Crossword

- 13. Perception
- 21. Equine
- 25. Lariat
- 26. River to the North
- Sea
- 27. Fee
- 28. Fertilizer component 53. The business of
- 29. Musical device
- 34. Root-bark flavoring
- 36. Timber wolf
- 37. Leave out
- 38. French for "Head" 40. Crease
- 59. "Go away!" 60. Infinitesimal amount

selling goods

58. Memorization

55. S S S

method

42. At which location?

45. Astonish

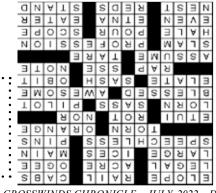
51. Pale

owned

48. Goes with salt

52. Someone who is

- 61. Not closed
- 62. Geek



19

:1:





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10 ★ 2

JULY CALENDAR

Figure Prevention Month. Of the approximately one million eye injuries in the United States each year, health experts say 90% are preventable. The leading causes of eye injury



are sports accidents, fireworks, yard and workshop debris, and household chemicals.

National Hot Dog Month. The warm summer months are perfect for grilling, and what better food to toss on the grill than a juicy hot dog? National Hot Dog Month was founded by the U.S. Chamber of Commerce about 65 years ago. Since that time, the National Hot Dog and Sausage Council promotes this monthlong celebration each year.

Park and Recreation Month. Since 1985, Americans have celebrated Park and Recreation Month in July to promote the importance of parks and recreation in health and wellness, conservation, and social equity. Parks are the cornerstone of nearly every community, serving millions of people as places anyone can go to be active and healthier, connecting with nature and gathering together.

World Watercolor Month. Grab some watercolors and make a watercolor painting each day during the month. Share your work online for others around the world to enjoy. Use the hashtag #WorldWatercolorMonth when posting your art and use it to meet other watercolor artists around the globe.

Week

Therapeutic Recreation Week, July 10–16. Established by the National Therapeutic Recreation Society, this week is intended to raise awareness of therapeutic recreation programs and services that improve the health and well-being of people with physical, mental, and emotional disabilities.

National Cancer Survivor Sibling Week, July 10–16. Celebrated annually the second week in July, National Cancer Survivor Sibling Week raises awareness of the psychological and other challenges faced by siblings of cancer survivors.

National Zoo Keeper Week, July 17–23. National Zoo Keeper Week focuses on the need to protect and preserve our wildlife and vanishing habitats via conservation messages created by their institutions. During the third week of July each year, celebrate National Zoo Keeper Week; both keepers and animals deserve recognition.

National Moth Week, July 23–31. National Moth Week celebrates the beauty, life cycles, and habitats of moths. "Moth-ers" of all ages and abilities are encouraged to learn about, observe, and document moths in their backyards, parks, and neighborhoods.







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ndependence Day, July 4. Celebrating the U.S. Declaration of Independence and the founding of the United States of America.

Simplicity Day, July 12. Choosing to live a life of simplicity is not about choosing to live in poverty; it's about living in balance.

Bastille Day, July 14. The anniversary of the storming of the Bastille on July 14th, 1789, a major event of the French Revolution.

World Snake Day, July 16. There are about 3,400 known species of snakes living in almost every region in the world playing a vital role in maintaining the well-being, sustainability, and biodiversity of various ecosystems.

National Disability Independence Day, July 26. Commemorating the signing of the Americans with Disabilities Act in 1990, assuring Americans with disabilities access to civic and economic opportunities.

Share these facts about the Declaration of Independence

ou know July 4th is for fireworks and parades, but how much do you know about its history? The facts may surprise you. The Automatic Payroll Systems website shares these little-known facts about the nation's founding:

- The Declaration of Independence wasn't signed on July 4. The Second Continental Congress voted on the Declaration on July 2, 1776, and it was finalized on July 4, but it wasn't signed by a majority until Aug. 2. Because of all this, John Adams, the 2nd president of the United States, didn't recognize or celebrate July 4th as Independence Day.
- The vote was not unanimous. Richard Henry Lee proposed a bill declaring independence on June 7, 1776. Twelve of the 13 colonies voted to adopt it; New York abstained. On July 4, only nine of the colonies voted in favor of the declaration; Pennsylvania and South Carolina voted against it, New York abstained again, and Delaware was undecided.
- The declaration had a strategic purpose. The point of the formal declaration was to attract foreign allies in the fight for independence. The signers wanted to present the 13 colonies as a united front, or they felt other countries like France wouldn't take them seriously. About the signers: Fifty-six people signed the document. Eight were born in Britain; the

rest were born colonists (all were still technically British subjects at the time of the signing). One signer recanted after being captured by British forces. The last person to sign was Matthew Thornton, on Nov. 4, 1776.





Struggles and strengths

man found a cocoon resting on a branch. He sat and watched for several hours as the butterfly inside struggled to push its body through the small hole at the top.



Suddenly the butterfly stopped making any progress. It seemed to be stuck.

The man decided to help the butterfly. He used a knife to snip off the cocoon. The butterfly emerged with a swollen body and small, shriveled wings.

The man sat waiting for the wings to enlarge and support the butterfly. But that didn't happen. The butterfly was unable to fly, and it crawled around with its tiny wings and swollen body until it fell to the ground and died.

The man didn't understand that the butterfly's struggle to get free of the cocoon was nature's way of forcing fluid from its body into its wings to prepare it for flying once it was out of the cocoon.

Moral: Our struggles in life develop our strengths.

Serenity

wo newlyweds lay in bed a few days after their honeymoon. The man leaned over and whispered into his wife's ear, "I love you."

She smiled, and he smiled back. Then she said, "When I'm eighty years old and I'm thinking back on my entire life, I know I will remember this moment."

A few minutes later she drifted off to sleep.

The man lay in bed, listening to the soft sound of his wife's breathing, thinking about everything they had done together—from their first date to their recent wedding. All of their choices had led to this silent moment with each other.

The husband realized that it didn't matter what they had done or where they had gone, or where they were going.

The only thing that mattered was the serenity of that very moment.

In their nature

monk was praying in the forest. There was a clean pond nearby. After getting up from his prayers, he started drinking from the pond, and he saw a bee flailing in the water, close to drowning.

He tried to lift the bee out, but as soon as his fingers got close, it stung him. Even after being stung many times, the monk kept trying to get it out.

A man standing nearby asked the monk, "Why are you taking her out if it's stinging you over and over?"

The monk replied, "Stinging is the nature of a bee. It's my nature to save a life."





CROSSWINDS CHRONICLE JULY, 2022 D

"OMG" usage can be traced back to 1917?

Giant squids have the largest eyes of any animal on Earth?

The blob of toothpaste that sits on your toothbrush has a name? It's called a "nurdle'!

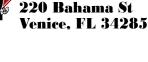
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Sunday	Monday	Т
$ \begin{smallmatrix} AUGUST \\ S & M & T & W & T & F & S \\ 1 & 2 & 3 & 4 & 5 & 6 \\ 7 & 8 & 9 & 10 & 11 & 12 & 13 \\ 14 & 15 & 16 & 17 & 18 & 19 & 20 \\ 21 & 22 & 23 & 24 & 25 & 26 & 27 \\ 28 & 29 & 30 & 31 \\ \end{smallmatrix} $		
3	4 4th of July cookout, small hall at noon Independence Day	
10	11 Bunco 7pm	
17	18	
24	25 Bunco 7pm	
31		

Crosswinds

uesday	Wednesday	Thursday	Friday	Saturday
			1	2
5	6	7	8	9
12	13	14	15 Fireside chat 7pm	16
19	20	21	22	23
26	27	28	29	30

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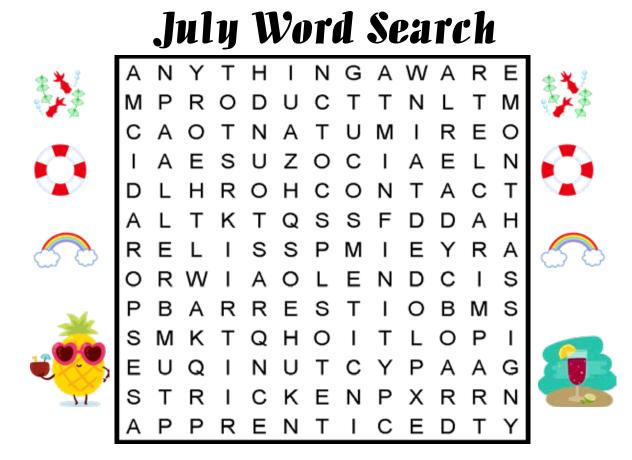
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man out in the country wanted to buy a horse. He finally found one owned by an elderly farmer. After some bargaining, they finally reached a deal, and the buyer eagerly climbed into the

saddle. "Now there's one thing you should know," the farmer said. "This horse only goes when you say, 'Thank God.' And it only stops when you say, 'Amen.' Remember that now."

"Sure, sure," the man said. "Thank God!" he commanded, and the horse walked out of the corral.

Later, the man wanted to find out how fast his new steed could run. So he said, "Thank God, thank God, thank God!" And the horse took off at a gallop.

Soon the rider noticed that the horse was headed toward the edge of a high cliff. In a panic, he realized that he couldn't remember the word to make it stop. "Whoa! Stop! Cease! Desist!" he should desperately. But the horse raced forward.

Just inches from the edge of the cliff, the man finally remembered the word he'd been racking his brain for. "Amen!" he shrieked, and the horse skidded to a stop, overlooking the steep drop into the ravine below.

The man took a breath of relief. "Thank God."

The secret life of cats

ver wonder what your cat is thinking? Maybe it's something like this . . .

- "I could have sworn I heard a can opener."
- "What's with that irritating noise humans make with their mouths?"
- "Why doesn't the government do something about dogs?"
- "No, really, that's a can opener."
- "How come they make tuna-flavored cat food and chicken-flavored cat food, but no mouse-flavored cat food?"
- "This looks like a good spot for a nap."
- "If there is a God, how can He allow neutering?"
- "Without cats, humans would never have had any reason to invent sofas."
- "I think I'll be finicky this time just to let them know who's boss."

Storytelling is the most powerful way to put ideas into the world.

— Robert McKee





24





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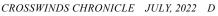
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- 2. Have you heard from your doctor in the past two weeks?
- 3. Is your doctor personally calling and texting to check on you?
- 4. Has your doctor called you to explain your risk of coronavirus?
- 5. Is your doctor's office offering doctor phone visits?
- 6. Does your doctor allow walk-in visits?

- www.Dedicated.care
- 7. Are you able to call your doctor anytime, day or night?
- 8. Do you have any difficulty getting to and from your doctor?
- 9. Is your doctor helping to make sure you receive all of your prescription refills?
- 10. Is your doctor offering to help you get your medications delivered? 30 🛨 1

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In the service

ne Sunday morning, a pastor was strolling through his church's foyer between services and noticed a little girl staring up at a plaque next to the door. The plaque held the names of everyone in the community who had given their lives serving in the military, and two small American flags were mounted on the wall beside it.

"Good morning, young lady," the pastor said.

"Pastor, what is this?" the little girl asked.

"Well, it's a memorial to all the brave men and women who have died in the service." The girl nodded solemnly. Then she asked, "Pastor?"

"Yes, child?"

"Which service was it — the 8:30 or the 11 o'clock?"

Question the assumption!

For the final exam in philosophy, the professor placed a chair on his desk and told the class: "Now, using everything you've learned over the course of this semester, prove that this chair does not exist."

After three hours, all the students turned their papers in, but only one of them got an A for the exam. It went to the woman who wrote: "What chair?"

What every staffer must know

The CEO addressed a group of new employees. "There are two things we take very seriously around here," he said. "One is cleanliness. How many of you wiped your feet on the mat outside before you came in to work today?"

Almost every hand went up.

"Good," said the boss. "That brings me to the other thing that's important in this company: Honesty. There is no mat outside."

All you need in the world is love and laughter. That's all anybody needs. To have love in one hand and laughter in the other. — August Wilson







CROSSWINDS CHRONICLE JULY, 2022 D

How to choose the right doctor



primary care physician is your first line of defense in maintaining good health. Finding one you like and trust may take a little effort, though. Here's some advice from the Healthline website:

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- Check your network. Staying within your health plan's network can save you money. Look through your plan's documents to locate primary care doctors in your community.
- Talk to family members and friends. Ask who they go to, and whether they like and trust them. You can also look to other health care workers you know—your pharmacist, physical therapist, eye doctor, and the like.
- **Consider the location.** Is it easy for you to visit the doctor's office? Ask about public transportation, parking, access, and other physical issues. If your doctor's office is inconvenient to get to, you won't go as often as you should.
- Check availability. How busy is the doctor? Will you be able to get an appointment when you need one? Is telemedicine an option? You should be able to see a doctor quickly when you need to.
- Meet the staff. You'll be interacting with nurses and assistants, not just the doctor. On your first visit, see if they're friendly and helpful so you'll be comfortable sharing your concerns with them.
- Group vs. Individual practice. In a group practice, you may not always get to see the doctor you choose. On the flip side, if the doctor is a solo practitioner, their availability may be limited.



Take care of your mind, your body will thank you. Take care of your body, your mind will thank you. — Debbie Hampton

Nurturing yourself is not selfish—it's essential to your survival and your well-being. — Renee Peterson Trudeau









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